

## **Flu/Pneumonia Clinic Schedule**

### **Westford Residents Only**

The Westford Health Department will sponsor the flu/pneumonia clinics on the dates, times and locations listed below. No appointments are necessary. \*\* Please note that because of limited pediatric vaccine, we request that those under the age of 36 months receive their vaccine from their MD if possible. All children under 18 years must be accompanied by a parent at all clinics.

**Thursday Oct. 21: 12:30 -3:30 Senior Citizens/High Risk@ Franco American Club**

**12:30-1:30> A-J**

**1:30-2:30 > K-P**

**2:30-3:30 > Q-Z**



**Tuesday Oct. 26: 1:00-3:00 @ JV Fletcher Library**

**Tuesday Nov.2: 6:00-8:00 @ Millennium**

**Wednesday Nov 3: 1:00-3:00 @ JV Fletcher Library**

**Tuesday Nov. 30: 6:00-8:00 @ Millennium**

**Although the vaccine is Free- most insurance companies will now reimburse the Town of Westford for the administration fee. To help bring more revenue into the town, we will submit for reimbursement. Please bring your health insurance cards to the clinics.**

**Homebound individuals**, who require a home visit, should contact the Health Department at 978-692-5509 to schedule an appointment.

**School-based flu clinics** *will* be offered again this year to all Westford Public School students. The FluMist nasal spray will be the only form of vaccine offered in the schools. Watch for additional details to follow.

**The 2010-2011 vaccine provides protection against A/H1N1 (pandemic) influenza and two other influenza viruses – influenza A/H3N2 and influenza B. It will not prevent illness caused by other viruses. It takes up to 2 weeks or more for protection to develop after the vaccine. Protection lasts about a year. Anyone with an allergy to egg cannot receive this vaccine.**

Annual influenza vaccine is recommended for *everyone 6 months of age and older*. Everyone, regardless of prior vaccination with either seasonal or H1N1 vaccine, will need to be revaccinated to be protected this year.

**People at Increased Risk for Influenza-Related Complications:**

- All children 6 months through 4 years of age.
- All persons  $\geq$  50 years of age.
- People 6 months - 18 years of age who are receiving long-term aspirin therapy.
- Women who will be pregnant during influenza season and postpartum women.
- People  $\geq$  6 months of age who have:
  - Chronic pulmonary (including asthma), cardiovascular (except hypertension), renal, hepatic, neurological, hematologic, or metabolic disorders, including diabetes;
  - Immunosuppression (including immunosuppression caused by medications or HIV);
  - Any condition (e.g., cognitive dysfunction, spinal cord injuries, seizure disorders, or other neuromuscular disorders) that can compromise respiratory function or the handling of respiratory

secretions or that can increase the risk of aspiration.

- Residents of nursing homes and other chronic-care facilities.
- American Indians/Alaska Natives
- People who are morbidly obese ( $\text{BMI} \geq 40$ )

To get up to date information during the flu season, visit the Health Department website at [www.westfordma.gov/boh](http://www.westfordma.gov/boh) or sign up for our Health Department listserv at [www.westfordma.gov/subscriber](http://www.westfordma.gov/subscriber) .